

Dear Holy Cross Knight

Holy Cross of San Antonio has a tradition of excellence that the athletic program strives to uphold. As Blessed Basile Moreau has said, "*We shall always place education side by side with instruction; the mind will not be cultivated at the expense of the heart.*" At Holy Cross we strive to produce "*useful citizens for society*". Athletics plays a vital role in a Holy Cross education that seeks to prepare young men and women intellectually, spiritually and physically for life.

Athletics has always been a great source of pride for Holy Cross and this past year was no different. The highlights include: our Cheer Team won its 14<sup>th</sup> national championship and its first TAPPS State Championship; Softball won the TAPPS State Championship; Boys Track won a district team championship and crowned a State Champion in the 110 and 300 hurdles; Football won its 7<sup>th</sup> district championship, 9<sup>th</sup> area championship, 2<sup>nd</sup> regional championship and its 2<sup>nd</sup> state semi-final appearance in the past 11 years; Volleyball won district and area championships and was in the regional championship; Baseball won the area championship and was in the regional championship; Golf returned to the State Tournament and in addition boys and girls soccer and basketball made the playoffs.

The Middle School Athletic Program was successful as well. The highlights include: back to back championships and three of the past four Football AIAL championships; Softball was AIAL champions as well and our boys track team won its third AIAL championship in a row.

This summer our athletic program continues to work hard to prepare for the upcoming season. Our strength and conditioning program has been working hard four days a week since the second week of August. They are up early and working out from 6:45 a.m. until 8:30 a.m. Football competed in 7 on 7 league play in June and our Volleyball girls varsity and JV competed in summer leagues as well. Our Volleyball girls continue their camp after strength and conditioning. We are excited about the upcoming year and look forward to another successful athletic year. We hope you will join us.

Mike Harrison  
Athletic Director/Head Football Coach  
Holy Cross of San Antonio